



*It is an odd-looking 'decoration' that – to most people – might seem strangely out of place when hanging above your front door. Yet to those who practice and teach the ancient art of Feng Shui, a house is not a home without a bagua mirror.*

Bagua (pronounced 'bah-gwa' not 'bag-gwa') mirrors are one of the best-known Feng Shui symbols of protection and are often referred to as the 'aspirin' of Feng Shui. In some schools of Feng Shui it may also be referred to as a 'Pa Kua.' Call it what you want ... they are one of the easiest and most effective all-round cures that can be used to safeguard your home or business from negative energy forces.

Whether you consider it a protection spell, a remedy or magical cure, when you place a bagua mirror in your home *with intention*, you are taking action to protect your home and family or workplace and co-workers from bad luck, sorrow, illness and a myriad of other negative influences.

The use of bagua mirrors is said to date back to the 10th century, but the bagua itself is far older than that. On the face of the bagua mirror you'll find the same eight Trigram symbols, as found in the I-Ching or Chinese Book of Changes that is used in divination, which is said to have originated earlier than 200 years BC.

Here is all you need to know to properly use a bagua mirror as a Feng Shui cure:

### Shape & Colours

The bagua is an octagon (eight-sided) shape, like a traffic stop sign, which is kind of fitting because they 'stop' negative energy from coming into your home! The octagon is divided into nine sections called 'guas'. There is one section in the centre, with eight other sections radiating out from that. Each section represents a specific energy centre (or area) of your life.

Together, the nine guas make up the bagua, which represents balanced and harmonious energy flow. That said, the octagonal-shape of the bagua mirror is important not because it stops traffic but because it emulates harmony and balance.

The frame of a bagua mirror should be made of wood and measure about six inches across. They are commonly red and green or black and mustard yellow.

- Red represents summer, illumination and growth.
- Green represents spring, creativity and vigour.
- Gold represents late summer, productivity and success.
- Black represents winter, power and authority.

### The Trigram Symbols of Protection

On the outside edges of the octagonal shape of the bagua mirror there are a series of eight graphics that use variations of three lines. These sacred symbols are called 'trigrams' and, as mentioned above, they represent the I-Ching and date back thousands of years. This ancient Chinese arrangement of eight binary symbols is comprised of solid (yang) lines and broken (yin) lines that represent the unity of Heaven and Earth and the blessings that accrue from alignment with natural virtue.

The Trigram symbols are used to energetically protect against and counteract bad luck caused by negative chi (energy) by calling upon the power of the 'Bagua of the Early Heaven'.

The bagua mirrors sold by Feng Shui Market have been carefully researched and produced to ensure the Trigram symbols are placed in accordance with BTB Feng Shui.

### Three Types of Mirrors

A bagua mirror may have any one of three types of round mirror positioned in the centre the octagon-shaped wooden frame. The flat type of mirror may sometimes be octagon, not round.

**A concave mirror** curves inward, like a bowl. It is used to magnify and draw in positive chi while it neutralizes negative energies passively rather than reflecting the energies back. This is an effective means of dispersing harmful energies without harming those around us. The concave mirror is intended for use on the side of the house facing passively negative energies, such as a tree blocking the doorway, a mortuary, or a police station. It provides magical protection because it will safely absorb and diffuse any problems caused by obstructions, blockages, and mild negativity.

**A convex mirror** curves outward, like the surface of a ball. It is used to deflect negative energy and expand narrow areas. The convex mirror is used on the side of the building from which the worst harm is expected, such as, the side of your home that faces a house where rowdy neighbors live or the side of your business where a large building overshadows your smaller building. Its magical protection reverses or returns back any harmful 'poisons arrows' that are sent your way.

Both convex and concave mirrors should only be used under the guidance of an experienced Feng Shui consultant.

**A flat mirror** is the most popular because it is considered more neutral and 'all purpose'. It protects you by deflecting negative energy away from your home/office in almost any situation and also helps boost your chi by inviting positive energy in.

If your property is generally well situated and you have no bad neighbors, you may still benefit from the protection of a bagua mirror. Bear in mind, however, that bagua mirrors are not to be considered 'decorative' items and should not be used as such. They are powerful symbols of protection and should be used with respect and purpose.

### Where to Place Them

The most important thing to remember is: Always ... *always* ... hang your bagua mirror so that the reflective surface and Trigram symbols are facing *away* from your living/working space. While bagua mirrors are designed to be hung outdoors, there are some cases, such as an apartment or condominium, where it may not be permissible to hang it outside the door.

Also, in some home designs and climates, a mirror placed on the exterior of the building may be at the mercy of the elements and will quickly become weathered by rain and/or snow or be blown away in the wind! In these examples, you may place it on an inside wall (or window), but the mirrored surface should be against the interior wall and facing towards the outside of the home. If you think looking at the back side of the mirror looks bad, you may cover it with some art work or paint the back of it the same colour as the wall.

In most cases, a bagua mirror is positioned above (or beside) the formal front door to provide overall protection to the building's occupants. If there is no space to position it above or beside the door, it may be placed in a nearby window but this is not believed to be as effective or desirable.

In addition to protecting your main entrance, you may also hang bagua mirrors so they are directed at the structure/situation that

you feel is generating negativity. I once lived in a duplex and positioned three across the shared wall, as a way to deflect back the negativity from my grouchy neighbour!

**In a single-family home or office building, a bagua mirror may be required when you have:**

- Noisy or disruptive neighbours
- Large buildings that dwarf/dominate your home
- Poison arrows that come from rooftops, power poles, etc.
- Business, such as, construction activity, train stations, airports
- Churches, graveyards, hospitals, police stations, meat packing plants, etc.
- Noisy and busy roadways, bridges, railroads, intersections or overpasses
- Being in direct line of a T-intersection
- Having a large tree blocking the entrance

**In a multi-family dwelling or office:**

If you have undesirable tenants above and/or below you, position a bagua mirror on the floor or on the ceiling, facing your offending neighbour. You can also place it on an interior wall, as long as it faces away from your space.

**Living/Working space over a garage or utilities:**

Place a bagua mirror on the floor (or wall) facing the offending energy.

### Use your mirror with GOOD intentions!

It is not enough to simply hang up your bagua mirror and walk away! Make a special time to ceremoniously hang the mirror and perform the Three Secrets Reinforcements or other special ritual to empower the mirror with your intention.

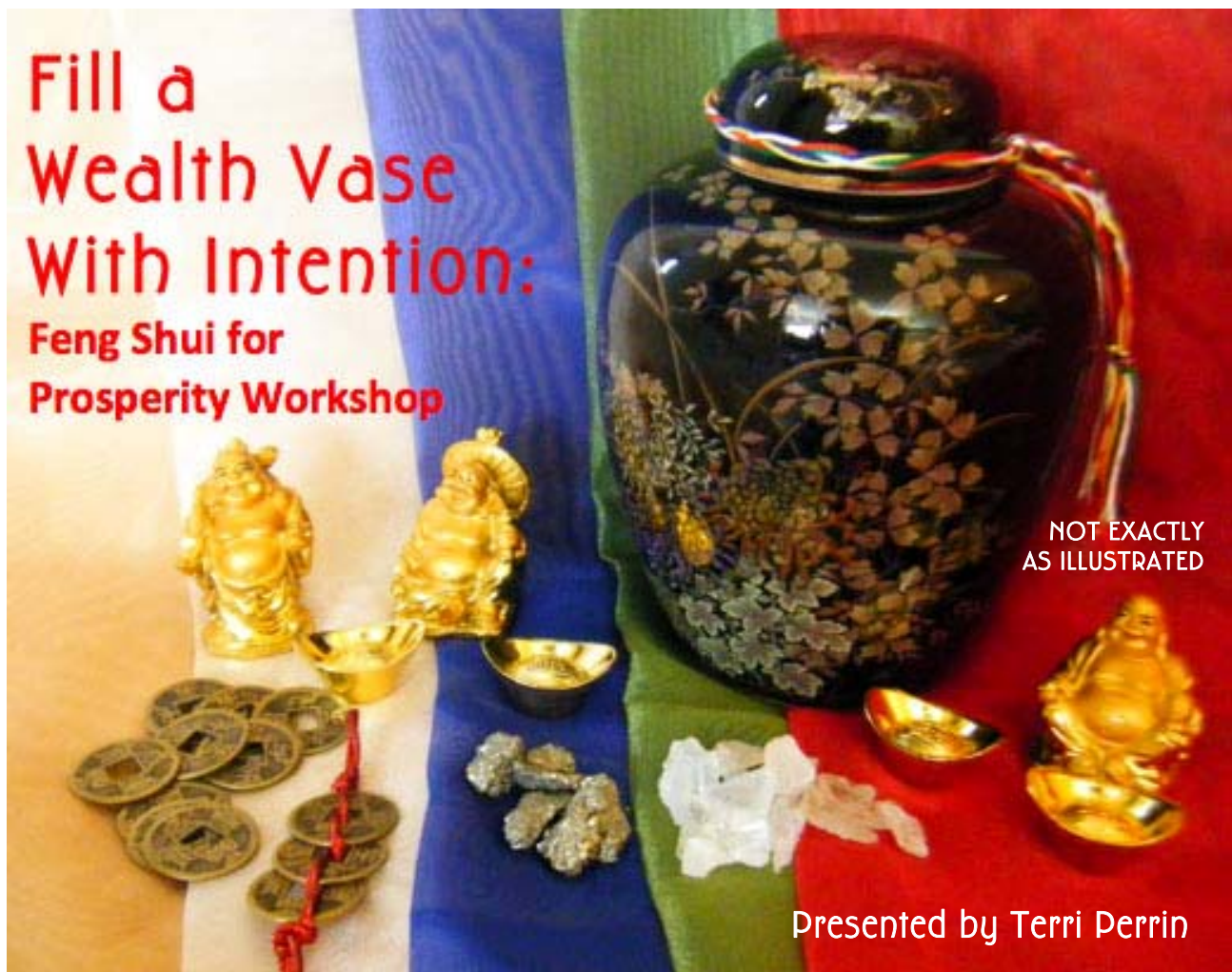
And, speaking of intentions, David Daniel Kennedy, one of North America's most well-respected Feng Shui consultants and published author of *Feng Shui for Dummies* and several other Feng Shui books, warns that the bagua mirror should only be used with the best intentions.

"The [bagua] mirror can help protect you and your home [and your place of work] from any negativity that may come flying your way," explains Kennedy. "As usual, with Feng Shui, be sure to employ this solution in a spirit of compassion and desire for mutual harmony, never with the intention of malice, or returning negative energy to the other party. The mirror's purpose is to create safety and ease for your household, not to do something to or against your neighbours."

Terri Perrin is certified as a Feng Shui Practitioner through Mount Royal University, in Calgary, Alberta. Committed to continual learning and expanding her knowledge of Feng Shui, Terri is a member of the International Feng Shui Guild and Feng Shui Connections Canada. She is also proud to be a student and disciple of Grandmaster Thomas Lin Yun.



Terri now lives in Comox, B.C., and is available for home, garden and business consultations. She also presents a variety of Feng Shui workshops. Contact Terri at 250.218.4952 or [terriperrin@faoifengshui.com](mailto:terriperrin@faoifengshui.com) [www.faoifengshui.com](http://www.faoifengshui.com)



## Fill a Wealth Vase with Intention

*A hands-on workshop to create a powerful prosperity cure for your home or office*

On May 11 and 12, 2013, Feng Shui Market is thrilled to host certified Feng Shui consultant and author, Terri Perrin, *Fine Art of Intention Feng Shui*, Vancouver Island. Terri will present four 2.5-hour **'Fill a Wealth Vase with Intention'** small group workshops over the two days. (Location to be announced.)

The Wealth Vase is one of the oldest Feng Shui abundance cures. Its origins date back several thousands of years to ancient Tibet, China and other countries. They are still used in many cultures today and, in fact, some are even passed down from generation to generation! These workshops will

give you an opportunity to create your very own Feng Shui prosperity symbol in an information-packed and fun environment.

"I created the **'Fill a Wealth Vase with Intention'** workshop last fall, based on a client request," explains Perrin. "Since then, I have conducted this workshop several times, many participants of whom have reported back to me with great results. On a personal level, I can attest to the effectiveness of building your own wealth vase. Since I made mine, my husband has secured a new job with a significant pay increase and both my writing and my Feng Shui business continue to increase."

Perrin adds that this Feng Shui workshop is vastly different than other Feng Shui classes you may have attended. It is a hands-on learning experience where participants work on a project that they get to take home at the end of the session. Each attendee is provided with all of the materials required to create their very own wealth vase filled with powerful Feng Shui cure items. The workshop fee includes all supplies; including a beautiful wealth vase (not exactly as shown), Chinese coins, a mini Buddha, Chinese ingot (money pot), pyrite (fool's gold), clear quartz crystals and much more. Participants are also

encouraged to bring their own prosperity items – such as coins from other countries, small trinkets, crystals/stones, etc. – to add to their vases.



The workshop starts with a guided meditation to lift participants' life force energy – or chi – allowing them to become more grounded and open to new opportunities. Perrin firmly believes that meditation and an optimistic mindset help you focus your attention on your intentions

“Intention is everything in Feng Shui,” explains Perrin, “but it is especially important when putting together a wealth vase. This is not about tossing a bunch of items in a jar and hoping for a good outcome! There is a specific order to how and reason why the objects are placed in the vase. Each of the items for the wealth vases was carefully researched and selected to fulfill a different purpose. I found the research for this project intriguing and I know from experience that class participants find the information fascinating too!”

After the introductory meditation Terri will walk participants through the steps of adding the various cure items, presenting the history and purpose of each one. The session wraps up with a final meditation and there will be plenty of time for interaction, questions and answers.

It is important to note that these workshops are presented in a manner that is understandable for people who are just starting to learn about Feng Shui but they also provide sufficient new information for seasoned practitioners, too.

“My purpose for these workshops is to have a little Feng Shui fun while reminding participants that ‘wealth’ comes in many forms, concludes Perrin. “Prosperity is not just about your income. It is reflected in better health, family harmony, lasting friendships, enhanced relationships, and overall improved life satisfaction. In addition to their very own wealth vase, what I really want people to take away from this experience is that it is important to count our blessings when it comes to personal wealth, not just look at our bank balances.”



## About Terri Perrin

Terri Perrin has been studying the influence of energy, the impact of interior design and furniture arrangements in home and work environments since 2006. She achieved certification as a Feng Shui Practitioner from Mount Royal University in 2008.

Committed to continual learning and understanding the power of networking, Perrin was one of the first consultants to join Feng Shui Connections Canada when it started in 2008 and she is also a Professional member of the International Feng Shui Guild. In 2009, she was privileged to become a student and disciple of the late His Holiness Grand Master Professor Lin Yun, Yun Lin Temple California. She has continued to study under the direction of several of North America's most well-respected Feng Shui masters.

Terri is also a professional writer and a marketing and communications specialist. The second edition of her book—*The Complete Guide to Feng Shui Crystals*—was published in June 2012.

Originally from Calgary, Terri launched Fine Art of Intention Feng Shui Consulting shortly after moving to Vancouver Island in 2009. She was recognized for her efforts in marketing this business with the Comox Valley Home-Based Business Association's 2010 New Business Award and the 2011 Business of the Year Award. <http://www.FAOfFengShui.com>

**Space is limited!** Four convenient sessions are offered for this popular workshop – select your day and time

Saturday, May 11, 2013

Sunday, May 12, 2013

Session 1: 9:00-11:30 am **OR** Session 2: 1:00-3:30 pm

Session 3: 9:00-11:30 am **OR** Session 4: 1:00-3:30 pm

All workshops will be held in Calgary, AB – location to be confirmed

[Click here to REGISTER TODAY!](#)

# Online Specials

*Ring in the Spring!* And what better way than to arrive at a state of balance, relief, serenity and peace when listening to the sound of wind chimes? The highly sought-after Zaphir (Shanti) and Koshi chimes are perfect to clear old and stagnant energy and bring in new positive energy into the space, both indoors and outdoors. The beautiful melodies of these chimes hand crafted in the French Pyrenees, create a sense of joy, inner peace and natural calm. Because of their synchronizing and relaxing effect, these chimes are popular in Feng Shui, relaxation, sound therapy, meditation, yoga, health clinics, spas, salons, stress therapy, as well as educational work with both adults and children. Our first shipment of these spectacular chimes sold out quickly (before they were publicly announced) and we are happy to announce that our new stock has arrived from France – just in time for Spring and Mother's Day!

## Zaphir Chimes

**Special Introductory Offer - \$66.95**



Zaphir chimes, (the original Shanti wind chime), have rich harmonies of sound and colour which correspond with the natural frequencies of the seasons, elements, or chakras.

The resonance tube is made of recycled and biodegradable

materials and treated with a finishing layer of Ecolabel varnish to protect it from the weather. The decorative patterned marble finish of each chime is a unique process developed by the Zaphir team called 'oil-paint on water'.

**Height 12.5 cm (4.9 in) Diameter 6.5 cm (2.6 in)**

The **Blue Moon** Zaphir chime melody is reminiscent of twinkling silence, corresponding to the natural frequency of **Winter**.

The **Crystalide** Zaphir chime melody is reminiscent of clear and sparkling, corresponding to the natural frequency of the awakening of **Spring**.

The **Sufi** Zaphir chime melody is reminiscent of a spiral dance, corresponding to the natural frequency of **earth**.

The **Sunray** Zaphir chime melody is reminiscent of a celebration, corresponding to the natural frequency of **Summer**.

The **Twilight** Zaphir chime melody is reminiscent of abundance and colourful, corresponding to the natural frequency of **Autumn**.

[Order Today!](#)

## Koshi Chimes

**Special Introductory Offer - \$66.95**

The Koshi chime is an authentic musical instrument, an original creation by Kabir, inventor of the Shanti chime. Koshi chimes come in four harmonious tunings, each inspired by a natural element. They can each be played harmoniously with all others.



The Koshi resonance tube is made of bamboo veneer as it is much stronger than the natural bamboo. A true "resonance tube" of high acoustic quality is made with thin layers of bamboo treated with natural oil to protect it against the weather. This combined with a new tuning technique gives the sound a great depth and enriches the harmonics.

**Height 16.5 cm (6.5 in) Diameter 6.3 cm (2.5 in)**

The Koshi **Aqua** precision hand tuning 'A D F G A D F A' is inspired by the natural element of **water**.

The Koshi **Aria** precision hand tuning 'A C E A B C E B' is inspired by the natural element of **air**.

The Koshi **Ignis** precision hand tuning 'G B D G B D G A' is inspired by the natural element of **fire**.

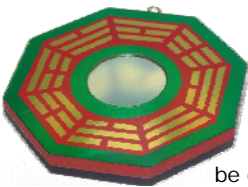
The Koshi **Terra** precision hand tuning 'G C E F G C E G' is inspired by the natural element of **earth**.

[Order Today!](#)

## Bagua Mirror

**Special Price \$11.95**

[Order your Bagua Mirrors Now!](#)



Bagua Mirrors are an excellent tool for balancing, enhancing and redirecting energy for our space all year round. It is a traditional Feng Shui cure for the outside of a home or office, to provide a level of protection to all occupants of the building. A Bagua Mirror attracts good energy into your home, while redirecting negative energy away. It has the energy of its auspicious 8-sided shape; the energy of the colours red, green and gold; a mirror to deflect negative energy and Trigram markings that represent the pure energy of nature. Our exclusive Bagua Mirrors have been custom made for Feng Shui Market – the Trigrams are correctly positioned to be consistent in every respect with BTB Feng Shui. Remember – Bagua Mirrors should be replaced if they get damaged, when the colour starts to fade or the wood warps – usually annually.

## Feng Shui Market & Publishing

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