



Teaching Kids Ceremony to Support an Unlimited Supply of Balanced Chi!

Space clearing techniques have been used throughout history to remove negative energies that naturally accumulate on the land or in a space. The methods and tools vary from culture to culture, but the intent is the same – purifying the energy of the environment to create greater harmony and balance.

From a Feng Shui perspective, blessing ceremonies are a powerful way to change the Chi of your home, your property and your life. While Feng Shui cures have an impact on specific circumstance in your life, a blessing ceremony can simultaneously improve all areas of your life and environment.

Kids love to participate in happy ceremonies that honour special occasions like Chinese New Year. They can't seem to get enough of the bells, horns, drums and firecrackers. But it is also useful to teach kids ceremonies to clear sadness, worry and negative feelings after being ill, disciplined, or for overcoming a bad report card.

You can teach kids simple techniques to clear themselves and their spaces by using water, orange peels, bells, prayers and special transcendental methods given to us by His Holiness Grandmaster Lin Yun. Stick to the principles of the cure and modify them for kids according to your inspiration and creativity. You know your kids best.

One easy method is to have kids move 27 things in their rooms. This cure by sense of touch is child friendly because they can perform it themselves and understand why it works. Simply have them move 27 things in their room and visualize that whatever is troubling them is moving and heading out the door.

It's best to try to find things that haven't been moved in a while, so use your inspiration and help kids to set intention. "Moving" can be lifting, dusting, trashing, donating and recycling. An overstuffed closet is a great place to start. Reorganizing is a great movement ceremony if you pair it with a clear intention. When you're finished, spray the room with a water/orange essential oil mix and you're ready to go (until the next clearing ceremony).

Plan ahead and assemble a portable space clearing kit – negativity can pop up wherever you find yourself. Peeling an orange works wonders for clearing negative energy when you are on the run

with kids, like when you're on the way home from a loss at the ball field or some sort of "try out" that went awry. Never leave home without an orange or a little bottle of orange spray.

Singing is another great choice to clear and lift a child's spirit, particularly when you couple it with clapping, snapping and other physical movements. For an instant Chi transformation, adults must participate in the singing and carrying on. Works every time. Never leave home without a CD that everyone loves.

An orange peel bath is a powerful clearing ceremony for kids. In addition to the transcendental benefits, the kids love seeing the little peels floating around the tub and bathing relaxes them before bed. In a pinch have kids wash their hands, particularly if the negative event involved touch. Have them imagine all the bad feelings going down the drain.

His Holiness Grandmaster Lin Yun has commented on my knack for incorporating his teachings into a creative, contemporary approach to working with children of all ages. It's not hard to do. You just have to move beyond just accumulating ancient knowledge and turn the principles into modern wisdom that you use in every day life.

Eileen Conti Weklar is an internationally recognized Master Feng Shui practitioner and a skilled consultant, teacher and writer. She has appeared on PBS, local television and radio; and has been featured in The Washington Times, Columbia Metropolitan Magazine, The Chicago Tribune, The San Francisco Chronicle, The Boston Globe and many other major newspapers across the country. She has completed intensive training with HH Grandmaster Professor Thomas Lin Yun of Berkeley, California, and as a senior student continues her studies with him. Her Feng Shui consulting firm, Eileen Conti Weklar - Feng Shui Designs and Solutions, is dedicated to helping people create safer, healthier and more powerful home and work environments. Visit www.eileenweklar.com for more information. **Join Eileen at a powerful workshop held in Calgary, AB on September 11 & 12, 2010 -see next page.**

Upcoming Events

Eileen Conti Weklar, a highly regarded Feng Shui expert, teacher, author and motivational speaker, teaches practical, contemporary applications of the ancient wisdom of Feng Shui and Chi Cultivation to nurture, inspire and empower the Chi of our most precious resource – our children.

As technology evolves at a breakneck pace, the practice of Feng Shui and Chi Cultivation methods provides an essential new approach to working with children.

The time is right to incorporate some "Technolo-Chi" into the lives of our children - a little "high touch" in a "high tech world."

Support an unlimited supply of balanced Chi, use meditation to encourage spiritual resilience; develop strong support systems and loving relationships; understand mentoring relationships; and learn 'first aid for crisis situations'.

Kiddie Case Studies' provide effective tips on how to handle numerous day-to-day situations.

Learn how to transform confrontations and tantrums; foster success in school and friendships; create a harmonious bedroom that is conducive to support healthy living and so much more.

With more than 40 years of experience in the fields of education, social services, holistic health and Feng Shui, Eileen is a tireless advocate of promoting safe, healthy, harmonious and calm learning environments.

This effective program has been developed to be a powerful tool to help meet the challenges and enhance the day-to-day accomplishments of our children.

Energetic Solutions for Raising Dynamic & Resilient Children

**Join Eileen Conti Weklar
on September 11 & 12, 2010
Calgary, Alberta**

Do you interact with children and their families?

*In these modern times we face numerous crises:
overcrowding, confrontation, lack of control,
drug use, health problems, and so much more.*

*Developed for Teachers, Family Groups, Parents,
Feng Shui Practitioners, Healthcare & Childcare
Providers, Community & Family
Services Providers, this workshop
will teach you practical,
contemporary applications of
the ancient wisdom of Feng Shui
& Chi Cultivation to nurture,
inspire and empower the Chi
of our most precious resource
- our children.*

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presented by Feng Shui Market & Publishing

*If you interact with children,
then this is the*

'must not miss' workshop for you!

Early Registration ends August 7, 2010

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Online Specials

Mirror ... Mirror ... used correctly and with the right intention, mirrors can be an extremely powerful Feng Shui tool to enhance positive energy in your life and help create the harmony, happiness and abundance you've been seeking!

3" Convex Mirror – Regular \$5.95 Introductory Price \$4.95



A 3" Convex Mirror can direct and alter the flow of energy in your environment. The double-sided adhesive backing makes it simple to secure on most surfaces and the silver coloured frame blends easily into any décor. The rounded surface provides a wider field of view of its surroundings, so it is an excellent mirror to use when your view is obstructed. For example, if you can't see the door from your computer station, mount a convex mirror so that the entrance is within your view. Convex mirrors are also affixed on the ceiling above the toilet to counteract the downward flow of the toilet drain.



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2" Round Bevel Edge Mirror – Regular \$3.95 Introductory Price \$2.95



A mirror's reflective characteristic provides a powerful tool to influence the energy flow in your environment. A circular-shaped mirror represents wholeness, oneness and unity. These 2" Round mirrors are excellent to offset negative energy drains and are commonly affixed to the ceiling when the toilet is above the front door, the stove, bed and/or dining room table. Can be placed freely or secured to most surfaces with double-sided adhesive backing.



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2" Octagonal Bevel Edge Mirror – Regular \$3.95 Introductory Price \$2.95



A mirror's reflective characteristic provides a powerful tool to influence the energy flow in your environment. An octagon-shaped mirror represents power and naturally symbolizes the energy of the Feng Shui octagon.

These 2" Octagon mirrors are perfect to attract and expand the energy in your home or office. Can be placed freely or secured to most surfaces with double-sided adhesive backing..



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