



Travelling, the Feng Shui Way.

Great planning ensures a great trip; and great planning starts with deciding the purpose of your vacation. Who is traveling with you – small children and the elderly have very particular travel requirements; do you need to relax and unwind or would you rather be experiencing excitement every step of the way; does everyone in your party have the same wants? Involving everyone in the planning is an exciting way to extend the vacation beyond the days that you are actually away.

Whether you are driving or flying; as much as it is exciting, traveling can also be tiring and stressful and sometimes dangerous. Spend time preparing physically and preparing mentally for your trip. Start your vacation frame of mind the minute you leave your home (not the minute you arrive at your destination) and bring along a positive attitude. Why not make each person you meet along the way feel like a ‘million bucks’? If the check-in agent at the airline counter feels better about themselves after they have served you – you have been an angel for them. What a wonderful experience for you both.

Here are some Feng Shui packing tips:

1. Keep things simple. Don't take your clutter with you – clutter has a negative energy vibration that you don't want with you on your travels.
2. Keep these most important items with you (not in your stowed luggage): passport; wallet; drivers license; medical insurance card; credit cards; travellers cheques; tickets (air, train, cruise); itinerary with confirmation numbers; phone numbers; addresses; travel brochures; small bills for tipping; local currency; medications.
3. Give each person travelling with you a 20mm crystal to keep on their person.
4. Tie a bright red ribbon on each piece of luggage. It helps with quick identification when looking for your luggage, plus the vibration of colour red – power and strength – will help you keep your luggage safe. Remember to clearly mark each piece of luggage with your name and address.
5. Place a Bagua map inside your suitcase, at the bottom to balance the energy around your items.
6. For your dirty laundry – pack empty pillowcases and dryer sheets. Place your laundry inside the pillowcase with a dryer sheet to keep your luggage fresh.
7. When packing liquids – fill bottles ¾ full and wrap in plastic bags. If possible bring sample sizes of your toiletries.
8. Leave valuable items at home – especially jewelry.
9. Place shoes in old socks to stop the dirty soles from soiling your clothing.
10. Roll your clothing when placing in your suitcase – it helps it stay less wrinkled and each item takes up less space.

11. Pack tapes with calming music or meditations on them; bring inspirational books; start a journal.
12. If possible, switch some of your items with those of your travelling companion. That way if one bag is delayed, you still have some items with you.
13. If you are coming on the Feng Shui Cruise that we have planned for Jan. 7-14, 2007 (go to www.fengshuicruise.ca for more details) then you will also need to remember to pack the Feng Shui gifts and workshop schedule that you will receive prior to the trip. All of the workshops being presented on this Feng Shui Cruise will be ‘new’ and will not be presented in regular classes. The focus of these exclusive workshops will be spiritual energy.

I would also like to share a sacred travel cure from Professor Lin Yun called the “Good Luck with Travelling Cure”. Performing this cure will provide you with protection and good luck during your travels. You will need a piece of bright red cloth 6 feet long and 3 feet wide.

This cure symbolically brings you protection and power when you leave on your journey – we will combine physical energy using the vibrations of number and colour, mental energy and spiritual energy.

1. Set your mental intention for your trip. Write an affirmation or travel goal to ensure happiness, relaxation and safety.
2. As you are ready to leave home, with your suitcases packed, place the red cloth on the floor, over the threshold of your home at the front door. Position the cloth in the middle of the threshold i.e. 3 feet stays inside the home; 3 feet will extend outside the front door.
3. Pick up your suitcase and leave the home walking over the red cloth, over the threshold and out the front door.
4. While walking over the red cloth – recite the Three Secrets Reinforcement (page 133 In the Feng Shui Zone, second edition) using Body (hand gesture to remove obstacles), Speech (Om Ma Ni Pad Me Hum” mantra), and Mind (visualization of a great trip and safe return).
5. Bring the red cloth with you – place it in a pillowcase in your suitcase. On your return home, repeat the sacred cure before leaving your vacation accommodation.

Bon Voyage and safe travels!

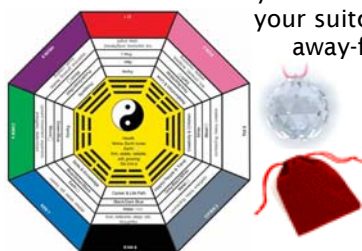
You Asked About It ...

Q. From a Feng Shui perspective, where would you recommend that I keep my beloved cat's ashes?

A. When we Feng Shui our homes, we are trying to get a flow of energy by removing negative energy and correct placement of colours, furniture and elements. When a loved one passes away, the best way to honour them is to set them free. Go to a place where you feel they would be comfortable (somewhere outside) and let the breeze take them away, say a prayer and express gratitude for all that they have meant to you. They don't want to be trapped in a container. The best way to honour their memory in the home is with a photo and memorabilia - and the right place for these is either the Family Zone (where the energy vibrates with family relationship) or the Fame Zone (where the animal energy vibrates). Give your beloved pet permission to move on and enjoy the special memories and wonderful experiences that they have given to you.

Product Special

Take good energy wherever you go with this Feng Shui Travel Kit. Carry this Swarovski 20mm personal crystal on your person - in your purse, backpack, briefcase or money pack - to redirect negative energy when travelling. It comes in a lovely red velvet pouch, adding the power of the colour red. Keep a laminated personal bagua map in your suitcase to promote a stress free and safe travel experience. And for that bed in your home-away-from-home? Balance the energy of the bed by moving your bagua map from your suitcase to under the mattress of this bed - place it print side up with the red fame zone pointed towards the head of the bed. This is a perfect gift for each of your travel companions.



Order your Feng Shui Travel Kit today

Special Price for Feng Shui Travel Kit \$12.95 ea
After Special Price \$15.95

Upcoming Feng Shui Workshops

Feng Shui for the Garden	May 13
Clearing Clutter with Feng Shui	May 24, 31, June 7, 14
Residential Decorating with Feng Shui	May 27
Balancing Energy with Feng Shui	June 3, 4
Feng Shui & Spirituality	June 10
Feng Shui for Retailers	June 11
Residential Decorating with Feng Shui	June 17
Feng Shui for the Garden	June 18
Practical Feng Shui Consulting	June 21, 28

[Click here to view more information about the workshops](#)

To register call Mt. Royal College 403-440-3833 or 1-888-240-7203 or online at mtroyal.ca Click on MyMRC



Join Debra on our exclusive Feng Shui Cruise January 7 - 14, 2007

*Prepare to relax, unwind and enjoy the company of your Feng Shui friends
while experiencing a renewed spiritual awakening.*

Click here for more details www.fengshuicruise.ca

What's New?

Feng Shui Market is pleased to announce that we have listened to your requests and are offering a series of new customized workshops providing hands-on training sessions. (These workshops are exclusively offered to those of you participating in the Feng Shui Practitioners Certificate Program.) Our aim is to provide you with the tools to become the most professional Feng Shui Practitioners in North America. We have two workshops scheduled for May:

Drawing Floor Plans for Feng Shui

Learn the concepts and skills required to create professional manually drawn floor plans. This course has been developed to teach you how to create a perfect floor plan, step by step, using effective and time-saving techniques; and hands-on applications. Students will receive handouts and all the supplies that are required for drawing floor plans in an efficient and professional manner.

Monday

May 15, 2006

7:00 pm - 10:00 pm

Coffee & Refreshments

Registration: \$50.00
Supplies: \$25.00 (approximately 25% savings)
\$75.00 + \$5.25 gst = \$80.25

- Lumograph Graphic Pencil
- Metal Pencil Sharpener (precision set for break proof cutting)
- Non-abrasive White Vinyl Eraser
- Clear Acrylic Triangle (45/90)
- Acrylic Design Template
- Eraser Shield
- Drafting Paper



Students are asked to please bring:

- A rough floor plan, including measurements, for any home that you wish to perform a Feng Shui Consultation – exterior, each individual room and open space (stairs, hallways, foyers, etc.) for advice

Prerequisite – Balancing Energy with Feng Shui

This workshop is presented by Ashley Doull, a *Certified Feng Shui Practitioner*, with a University of Calgary Certificate of Visual Design specializing in Interior Design. Complimenting her 'hand drafting' expertise, Ashley completed *AutoCAD Computer Drafting* courses and was employed in a 'drafting' capacity at **DesignWorks**. In addition to being a licensed realtor, Ashley currently owns and operates her own company - **Balance** (Feng Shui Consulting and Interior Design).

 Feng Shui Market
& Publishing

Space is limited, so be sure to reserve your seats early
Registration is required by Wednesday, May 10, 2006
Please call 295-7336 to register

This workshop provides excellent information and has enhanced the skills that I can offer my clients.

*~Angela Bozé
Certified Feng Shui Practitioner*

Within the Mount Royal College Feng Shui Practitioner Certificate Program, there just isn't enough time to practice laying the bagua map on difficult floor plans.

This workshop provides a thorough insight into exactly how to do this.

~Debra Ford

Bagua Map Layouts for Feng Shui

Develop a good understanding of the concepts required to lay the Bagua Map on complex floor plans. This course has been developed to teach you how to lay the Bagua Map, calculate missing pieces and specific cures. We will discuss a multitude of complexities that arise from difficult floor plans and the solutions. Students will receive handouts and a custom designed 'advanced' bagua map that will be beneficial for any consultation.

Registration: \$60.00 + \$4.20 gst = \$64.20

Students are asked to please:


- Review the following sections of *In the Feng Shui Zone*:
 - Section 3 "How to Lay the Bagua Map over your Floor Plan"
 - Section 4 "Step Eight: Applying Cures to Zones"
- Bring a rough floor plan for any home that you wish to receive advice about
- Bring a pencil, eraser, ruler and calculator



Prerequisite: Balancing Energy with Feng Shui

Debra Ford, author of Calgary's non-fiction bestseller, *In the Feng Shui Zone* and writer/narrator of *Feng Shui Zone Guided Meditation CD* presents this workshop. In addition to teaching a comprehensive Feng Shui Practitioners Certificate Course at Mount Royal College, Debra provides extensive Feng Shui consultations locally, nationally and internationally. Her level of expertise and logical approach to Feng Shui has earned her a popular reputation as a dynamic presenter.



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Space is limited, so be sure to reserve your seats early
Registration is required by Wednesday, May 24, 2006
Please call 295-7336 to register

Feng Shui Market & Publishing

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