



## Feng Shui and Your Fall Garden

*The Fall is a wonderful transition time in your yard and the challenge here is to keep on top of the tasks required to ready your garden for Winter. Here are a few Feng Shui Tips:*

- Be sure to maintain the colour red at the front door – either with late flowering plants or silk plants.
- Keep your walkways swept and clutter free. It is especially important to clear away the vegetation that has grown over the summer, from both the front path and the front door.
- Start thinking about how you're going to add Chi to the front yard once the flowers and their colour has disappeared. Perhaps you could add light, install a flag or hang a mobile.
- Plan to keep colour on your patios, decks and balconies for as long as possible. Talk to your garden centre to get ideas.
- If your gardening zone doesn't allow for fall flowers, then add garden accents. For example - wooden items in the Prosperity and Family Zones, light in the Fame Zone; ceramics in the Relationships and Love, Skills and Knowledge and Health Zones, metal sculptures or a bench in the Creativity and Children, Helpful People and Travel Zones. (Refer to the Feng Shui Market Bagua Map).

The most important thing of all is to put your focus and attention (energy) into the garden at this time of transition to maintain the positive effect of the wonderful energy that it has shared with us all summer. Create a commotion in your front yard – attract attention and you will continue to feed your home with plenty of good energy.

## Bagua Mirrors

Bagua Mirrors are an excellent tool for balancing, enhancing and redirecting energy for our homes all year round. A Bagua Mirror is a traditional Feng Shui cure for the outside of a home or office. A Bagua Mirror keeps positive energy inside the home and keeps any negative energy outside. A Bagua Mirror has the energy of its auspicious 8-sided shape; the energy of the colours red, green and gold; a mirror to deflect negative energy and Trigram markings that represent the pure energy of nature.

Every space should have a Bagua Mirror outside of it. It provides a level of protection to all occupants of the building. Bagua Mirrors can be used to fix the energy of the roads around the home or building. Roads that create energy that is rushing by the building too quickly or roads with slow stagnant energy.

Bagua Mirrors assist with difficult neighbourly relations by keeping good energy inside the space and making sure that outside negative energy doesn't enter the space. In this

instance, Bagua Mirrors should be placed facing the neighbouring buildings. In an apartment or condo, place the Bagua Mirror on the inside wall, ceiling or floor facing out of the space towards the difficult situation.

Bagua Mirrors will deflect the negative energy of a nearby Institution. Communal buildings, such as schools, care facilities, churches, etc. have complicated and mixed energies that should be kept away from the home or office.

A Bagua Mirror can also keep the yang, metal, fast moving energy created in a garage out of the home. If you have a room above a garage, place a Bagua Mirror on the ceiling of the garage facing down. If you have a room that shares a common wall with a garage, place a Bagua Mirror on the adjoining wall in the garage facing into the garage. If your apartment is located directly above the communal garage, place several Bagua Mirrors on the floor facing down into the garage space. Hide the Bagua Mirrors under furniture or beds.

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*Bagua Mirrors continued . . .*

If the building is situated below another building i.e. there is a building that looks down on the home or office – place a Bagua Mirror on the roof of the home. This situation could occur where homes are built on a hillside; or where homes are located beside taller structures such as apartment or office buildings.

Bagua Mirrors are inexpensive, yet very powerful Feng Shui cures. They should be replaced if they get damaged, when the colour starts to fade or the wood warps – usually about once a year. Please feel free to email [info@fengshuimarket.ca](mailto:info@fengshuimarket.ca) with any of your Bagua Mirror questions

## You Asked About It ...

*Q. I am in the process of landscaping my backyard and wonder where I should put the compost.*

*A. Keep the compost out of the Prosperity and Helpful People and Travel Zones. Any other zone works well.*

## October 2005 Product Special



The Feng Shui Market Bagua Mirrors are simple, inexpensive and perfect for your Feng Shui needs. Don't feel tempted to purchase the 'fancier' decorator style Bagua Mirrors as they probably will not have the correct balance of colour, trigrams or size of mirror; and you could be incurring unnecessary expense. Bagua Mirrors can be 'tucked' out of site if you feel that the look doesn't fit in with your décor (they will be almost as effective). At some homes I have placed Bagua Mirrors in the mailbox at the front door and have also tucked a Bagua Mirror away behind bushes. It's not the best solution, but it is a very strong second.

**Order 3 and get 1 FREE – until October 31 only**

## Upcoming Feng Shui Workshops

Practical Feng Shui Consulting (Advanced Class)	October 19, 26
Clearing Clutter with Feng Shui	November 2, 9, 16, 23
Feng Shui for Interior Decorators	November 19

[Click here to view more information about the workshops](#)

To register call Mt. Royal College 403-440-3833 or 1-888-240-7203 or online at [mtroyal.ca](http://mtroyal.ca) Click on MyMRC

*Watch for next month's newsletter featuring the upcoming holiday season.*

## Feng Shui Market & Publishing

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